

SPRING 2009

SPARKS *of Inspiration*

A Publication For and About Our Team Members

58th Street CNA Named *Caregiver of the Year*



Shortly after being named Caregiver of the Year by the Ralston Center, 58th Street CNA Angie Lazard (center) proudly pauses with 58th Street Administrator Sharon Whitaker.

“As a Christian, I believe it is my duty to help serve others,” 58th Street Certified Nursing Assistant (CNA) Angie “Skirt” Lazard said. “In doing my job, I feel like I’m doing the work of the Lord.”

An experienced CNA who worked at other facilities in Philadelphia, Angie pursued a position at The 58th Street Presbyterian Home because it was a faith-based ministry and prominent fixture in her Southwest Philadelphia community. “It was a miracle for me to find The 58th Street Home,”

Angie attests. “It’s the perfect fit for me. There’s nowhere else I could go to find such a strong sense of family and community.”

Even after 13 years, Angie admits that her favorite part of her job is doing whatever she can to help residents be well and feel comfortable.

“Angie is very diligent in her work,” said 58th Street Administrator Sharon Whitaker. “She is very devoted to residents and truly exemplifies quality and excellence in the delivery of care.”

It’s because of Angie’s demonstrated

commitment to her vocation that she was chosen last fall to be the recipient of the Ralston Center’s 2008 Caregiver of the Year Award for 58th Street.

Founded in West Philadelphia in 1817, the Ralston Center offers programs and services that help older adults maintain healthy, independent lives. Inaugurated in 2004, the Center’s Awards Program in Geriatrics recognizes CNAs working in eight nursing homes located in West and Southwest Philadelphia.

“Our goal is to honor a job well done by CNAs whose efforts often go unnoticed,” said Ralston Center Board President Francis R. Strawbridge. “Our Caregiver of the Year Award acknowledges those CNAs who exemplify the highest standards of compassion, commitment and excellent care for residents.”

Angie was voted to receive the honor by residents, their families and fellow 58th Street team members.

“My heart was touched to receive that award,” Angie proudly admits. “Not only am I very grateful for the award itself, I’m also grateful that I get to do what I love, with people I love and for people I love.”

From the Heart



Dear Team Members:

It's so uplifting to see signs of spring blossoming around us with all of the beauty the season brings, particularly Easter when we commemorate the very foundation of our Christian faith. A time of rebirth, spring represents opportunities for new beginnings and renewal.

One of my favorite parts of my job as your President and CEO is to regularly visit your communities. In doing so, I still can't help but become inspired by the overwhelming dedication of you, our team members.

By now, we are all aware of the challenging times in which we live. The news is all around us of a volatile economy. But even in the face of such challenges, one thing remains constant: Presby's commitment to helping our residents live an enhanced quality of life. This commitment cannot be carried out without you. You help fulfill our mission with unparalleled dedication.

This issue of "Sparks of Inspiration" is a testament to your devotion to our residents. You will read about team members being honored with accolades for exceptional talent and for 'going the extra mile,' others demonstrating their love for our residents by helping with our fundraising efforts and many participating in special events at our communities. Your day-to-day presence strengthens familial ties with residents, which helps further define Presby's Inspired Life as a ministry, not a 'company.'

Your commitment to the precious people we serve continuously represents the beauty of spring to me and fills me with a sense of renewal. From the bottom of my heart, thank you for your inspiration.

God bless,



Judee M. Bavaria
President and CEO

Quality First – Community Involvement in Action

Presby team members (back row from left) Sue Sereditch, CSC; Sue Darling, Spring Mill; Yordanos Tela, CSC; Vicki Kriczky, Rosemont; Garry Hennis, CSC; (front row from left) Jolynn Carl, Spring Mill; Kelly Frick, Rosemont; Nancy Craig, Spring Mill; Henry Ebner, Spring Mill; Nicole Zimmerman, Rosemont; and Lisa Razzi, Rosemont, pause at Citizens Bank Park before participating in The Alzheimer's Association Delaware Valley Chapter Memory Walk on November 1. Held in numerous cities throughout the U.S., the annual event has hosted to raise public awareness about Alzheimer's disease and to support and advance research.

Team Members Honored

For Rydal Park Director of Environmental Services Rick Crotinger, 2008 marked a significant milestone in his Presby career: his 30th anniversary as a Rydal team member. Here, Rick (second from left) pauses with (from left) Rydal Administrator Brett Shibley, Assistant Executive Director Mildred Butler-Coleman and Executive Director Annie Cantymagli at the Annual Service Awards Dinner.



More than 100 team members were honored at the event, lauding those who in 2008 achieved milestone anniversaries, as well as those who retired.

"Although each of our communities is unique in its own right, one constant among them is the unwavering dedication of our team members," said Vice President of Human Resources Colette Brown. "All of our team members reaching service milestones at Presby have made an indelible mark on our ministry and set an example for all of us to follow."

See community insert for list of team member honorees.



Broomall Team Members... Making Philanthropy “Phun”

“Here at Broomall, team members and residents are extended family to each other,” Administrative Assistant Cherry Frederico says. “That’s why it’s important for us to participate in the Partners in Caring Program.”

Inaugurated in 2007, Partners in Caring is an organization-wide philanthropic initiative to rally team members to support Presby’s ministry by making tax-deductible contributions through payroll deduction or writing checks. “It’s a meaningful way to invest in the lives of residents,” says Vice President of Philanthropy Lynn Johnson-Porter. “Each gift – regardless of the amount – makes an impact.”

Broomall team members developed a fun way of becoming ‘Partners’ when the Program was first introduced. They began donating one dollar a week for the privilege of wearing jeans on Fridays,



Broomall team members contribute \$1.00 every Friday to raise proceeds for the Partners in Caring Program. In 2008, the group raised over \$1,000 toward the purchase of flat screen televisions for residents on the renovated B-wing.

which they refer to as ‘dress down day.’ “If they’re in jeans that day, they have to pay,” says Broomall Administrator Sherry Outten.

Sherry decided to make the Program a permanent endeavor and adopt a cause close to everyone’s heart. “We focus our efforts toward our residents,” says Sherry. “After all, the term ‘team members’ means nothing unless it’s put into action.”

When the Broomall B-wing renovation was announced, which called for the expansion of the unit for residents with Alzheimer’s disease and other forms of dementia, the group decided that’s where to channel their goodwill. To that end, monies raised via ‘dress-down day’ went toward the purchase of flat screen televisions for all 24 residents on the unit. In total \$1,051.00 was raised in 2008.

Cherry says, “It starts with just one dollar, but it adds up.” Cherry coordinates Broomall’s efforts and

admits that it is a rewarding part of her job. “Facilitating Partners in Caring at Broomall exemplifies our sense of family,” she adds.

Tenacious in her efforts, Cherry encourages fellow team members to contribute to the cause, regardless of whether they dress down or not.

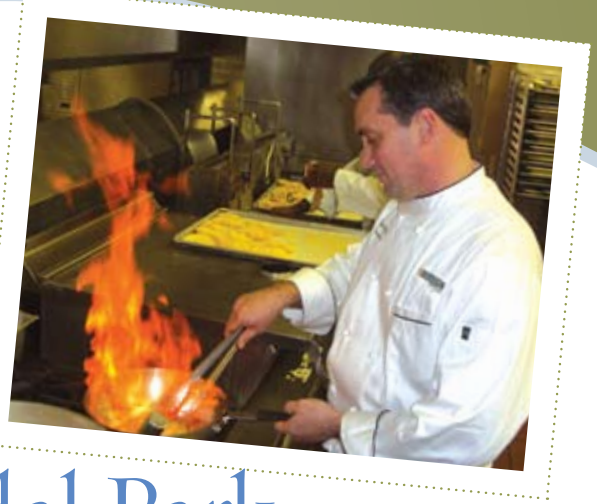
For one philanthropic CNA, ‘dress-down day’ presented a challenge. “I wear scrubs 325 day a year and you can’t get any more dressed down than that,” adds Tammy Weaver. “So I dress up.”

Tammy admits that paying \$1.00 to ‘dress-up’ on Fridays is part of her vocation. “My work is not just about a pay check,” Tammy adds. “I try to go above and beyond my job description because as a Presby team member, I’m also a missionary.”



Broomall Administrative Assistant Cherry Frederico (right) collects \$1.00 from CNA Tammy Weaver, who forgoes scrubs to ‘dress up’ on ‘dress down Fridays.’

Rydal Park Executive Chef David Stoltzfus creates culinary delights for residents.



Award-Winning 'Iron Chef' Sets Appetites Ablaze at Rydal Park

"When it comes to dining, residents deserve no less attention to quality than if they were in the finest restaurant," says Rydal Park Executive Chef David Stoltzfus. "Continuously striving for this standard is what drives me."

A graduate of the Culinary Institute of America in Hyde Park, NY, David joined the Rydal Team in August 2008. During his 28-year career, he honed his skills in the hospitality industry at upscale resorts in the Caribbean and at exclusive hotels in Philadelphia. His work has been featured in "Bon Appetite" magazine and on the former TV show "Lifestyles of the Rich and Famous."

The Executive Chef position at Rydal was attractive to David because he agreed with Presby's philosophy on dining. "The experience should be oriented in hospitality," David attests.

Aside from his distinguished

experience, David has also received many accolades. One of his highest honors came on February 17, 2009 when he won the prestigious Pennsylvania Iron Chef Competition for the third consecutive year, an unprecedented achievement in the history of the state-wide contest.

Hundreds of accomplished chefs applied to compete in the contest, which is hosted by The Pennsylvania Tourism and Lodging Association in partnership with The Pennsylvania Restaurant Association. The field of competitors was narrowed down to 16 who participated in the final competition, held in Hershey, PA.

As a finalist, David was given two hours to prepare a three-course meal. His entrée consisted of pan-roasted pheasant breast with caramelized baby root vegetables and pinot noir braised leg. Once the judges

tasted David's creation, he was named the 2009 Pennsylvania Iron Chef.

It's this competitive edge that David brings to his work. "I always try to research recipes to stay on top of my craft," David adds. "My favorite thing to cook is anything that hasn't been done before."

David admits that teaching Rydal Park cooks is also an important component of his vocation. "I simply could not do my job without Rydal's talented cooks. They are truly inspiring."

At Rydal, the proof is in the proverbial pudding as David's creations continue to be enjoyed by residents.

"Cooking is an art form and when residents love what I've created, that is extremely gratifying," David added.

U.S. Congressman Commemorates Resident's 100th Birthday



January 22 marked a very special day for Rosemont Presbyterian Village. That day, resident Lillian White marked her 100th birthday. A resident of Rosemont for eight years, Lillian is a proud mother, grandmother and great-grandmother. To commemorate the centenarian's birthday, Rosemont team members hosted U.S. Congressman Joe Sestak (D) on January 30. Here, Congressman Sestak (second from left) - who represents the 7th U.S. Congressional District that includes parts of Delaware, Montgomery and Chester

Counties - presents Lillian (center) with a Certificate of Congressional Recognition. Joining them are former Rosemont Administrator Lora Gomboc (left) and Lillian's son, Jeff White. The Certificate acknowledges Lillian's milestone birthday and her dedication to improving the community through her roles as a nurse, Girl Scout leader, Rosemont resident and member of Bryn Mawr Presbyterian Church.

Presby Communities Celebrate BLACK HISTORY

February marked Black History Month and Presby communities observed the occasion with flair! Black History Month was originated in February 1926 by historian Carter G. Woodson to celebrate the important people and events in African-American history. He chose February for the annual commemoration because it marked the birthdays of two historical figures who greatly influenced the lives and social advancement of African-Americans: President Abraham Lincoln and abolitionist and former slave Frederick Douglass. Here is a sampling of some of the events that Presby communities hosted to celebrate Black History Month.



Residents at the Mary Field Presbyterian Apartments at The 58th Street Campus have a special token commemorating Black History Month 2009, a quilt made by themselves and students from the Penn Alexander School in West Philadelphia. The students are part of the Reading Buddies Program that was inaugurated in 1998 to encourage students and seniors to read together and to facilitate intergenerational awareness. During the last several months,

students and residents created two quilts featuring African-American figures who helped shape the course of history. Here, Mary Field Apartments Social Services Coordinator Emilie Harris (back row, far right) and Reading Buddies Founder Pat Quigg (front row, second from right) gather residents and students to unveil their creation, which will remain at Mary Field Apartments. The second quilt will be proudly displayed at the children's school.



Rydal Park commemorated Black History Month with the 14th Annual Black History Month Program, complete with music, readings and everyone's favorite, the African-American fashion show. Here, Rydal team members (from left) Shelly Crespy-Closson, Yvonne Walcott and Abiguel Louissaint tear up the runway by donning traditional African attire.



Historical educator Noah Lewis (right) portrays Edward "Ned" Hector during a Black History Month performance at Rosemont for residents (front from left) Frank Gorges and Ophelia Honore and Recreation Coordinator Marilyn Irwin. Ned Hector was an African-American Revolutionary War hero who gained recognition for braving a severe British attack at Brandywine. He became so respected as a war hero that in 1850, a street was named in his memory in Conshohocken, PA.

PARTNERS IN CARING

August 2008-March 2009

Presby's Inspired Life would like to extend sincerest gratitude to the following team members who, through the Partners in Caring effort, are helping to enhance the quality of life of residents throughout Presby communities. Their generosity is truly at the heart of our ministry.

If you would like to learn more about this initiative or to discuss how to make your gift, please contact Lynn Johnson-Porter at lynn.johnson-porter@presbysinspiredlife.org. Remember, your gift can be directed to a community or program of your choosing.

Anonymous
Pauline Arika
Kathy Baker
Fatu Bangura
Judee M. Bavaria
Fatimah T. Bey
Kevin Branche
Beverly Brockenbrough
Colette C. Brown
Kenneth Browne
Mildred Butler-Coleman
Clarice Butts
Annie Cantymagli
Jolynn A. Carl
Ann Marie Coe
Kathleen Colbert
Juliet Coley
Roseline Conteh
Eileen Cooper
Nancy Craig
Joanne Devine
Jeffrey J. Eames
Edith Edmunds
Adrienne Ezekiel
Maggie Falzone
Peggy Fields
Rev. Jerry K. Foote
Cherry Frederico
Sandra Ginyard

Lora Gomboc
Verone Hackshaw
Deborah D. Happold
Susan Harmon
Lisa Heinrich
Garry D. Hennis
Karen Hinton
Cynthia E. Hoffman
Duane Howard
Beth Hutchinson
Ruth James
Dedra Jones
Lynn Johnson-Porter
Harvey Joyner
Barbara A. Keller
Alicia Kelly
Mary K. Kender
Cathy Kobylarz
Vicki L. Kriczky
Marie L. Lamarre
Mary Lenahan
Patricia C. Linder
Jennifer Lonetti
Dan Magee
Patrick McCallum
Rufino N. Menguito, Jr.
Dana Miller
Denee Miller
Deval Miller

Mary Mitchell-Corp
Jackie Moore
William W. Moser
Sherry S. Outten
Anita Palser
Megan Paranik
Michele Parent
Sharon Paul
Carline Petit
Stephanie Petit
Leigh Ann Pratt
Rose Rosenthal
Lillian Rubin
Linda Russell
Judith Schaeffer
David P. Schipsi
Megan K. Selck
Delores Sharp
Brett Shibley
Gail Simons
Lillian Stibbins
Robert Swindle
Mary Ellen Thomas
Shanita Vann
John S. Walker
Tammy Weaver
Sharon Whitaker
Jacqueline Williams
Diane Yannuzzi

Here is what some of our fellow team members have to say about being a 'Partner in Caring.'

"I feel that the very least I can do is help share the blessings I receive by making a gift to those in need. Presby's Partners in Caring Program is a wonderful way to share our Christian love."

Karen Hanson
Spring Mill Presbyterian
Village

"My work and my contributions demonstrate my true commitment to serving the needs of others,"

Jackie Williams
Morrisville Presbyterian
Apartments

The Partners in Caring Program supports various resident programs and services, including:

Emergency financial aid for residents, health and wellness programs, rehabilitative equipment, recreational and educational programs

BECOME A 'PARTNER IN CARING' and make a difference in the lives of residents

You can make a gift with a check, credit card or sign up for payroll deduction. To discuss how to make your gift, please contact Lynn Johnson-Porter at (610) 260-1108, or via email at lynn.johnson-porter@presbysinspiredlife.org. Remember, your gift can be directed to a community or program of your choosing.

Sing up for payroll deduction and receive a free mouse pad while supplies last!!!

PRESBY'S
INSPIRED *Life*
At the heart of experience and vision.

2000 Joshua Road
Lafayette Hill, PA 19444-2430

